	Crean	n Chicken & Po	To go back to INDEX - Click INDEX tab						1	
	Cookii	ng time (minutes						cups	2	
	3	Microwave	Yield:	cups	16	12	8	4	4.0	3
	5	Wok								4 5
	Chick	en Breasts	can	cups	4	3	2	1	1.0	6
	Chick	en Seasoning	spice	TBSP	4	3	2	1		7
		Add to bowl								8
	Sprinkle seasoning on chicken									9 10
	Soup,	CreamChicken	can	cups	4	3	2	1	0.5	11
	Vegata	ables, frozen	diced	cups	4	3	2	1	1.0	12
	Potato	es, from frig*	1/2's	cuts	2	1 1/2	1	1/2	1.0	13
	Sour (Cream		cups	1	1/2	1	1/2	0.5	14
	Add to bowl									15
3	Cook until heated - about 3 minutes									16
										17
	Serve &/or Add to container(s) & Frig for days or Freezer for months									18
										19
	OR									20 21
Add ingredents to wok										21
5	Cook until heated - about 5 minutes Serve &/or Add to container(s) & Frig for days or Freezer for months									23
										24
										25
										26
										27
	* Dron	are notatoes no	"Cook	Potatoo	c" //c	lick)				28
	* Prepare potatoes per "Cook Potatoes" (<click) frozen<="" or="" td="" use=""><td>29</td></click)>									29
		ON USE HUZEH								30
										31
										32